

<Read thoroughly prior to the screening>

○The gastric screening consists of an x-ray of the stomach area.  
(Barium-meal photofluorography)

○Do not eat or drink anything after 9pm the night before the screening.  
Individuals who take medicine should take it 2 hours prior to the screening  
with either cold or warm water.

○Women should not wear dresses to the screening. Please wear a shirt that can be  
easily removed and an undershirt that does not have buttons, zippers, sparkly ornaments,  
or writing on it.

### 2017 Gastric Cancer Screening Schedule

Date	Place	Time	School District
3/2 (Thurs.)	Oita East Community Center	9:30~11:00 ※Please note that the time of this screening differs from the usual screening time.	Hioka
	3-1 Hiyoshi-Machi		
3/3 (Fri.)	Dainan Civic Center		Hetsugi
	5115-1 Oaza Nakahetsugi		
3/6 (Mon.)	Takio School District Community Center		Takio
	518 Hada		
3/12 (Sun.)	Ozai Community Center		All districts
	4-18 Madokoro 1-Chome		
3/13 (Mon.)	Minami Oita Community Center		Minami Oita
	76-1 Oaza Bunyo		
3/14 (Tues.)	Wasada Community Center		Wasada
	789 Oaza Tamazawa		
3/17 (Fri.)	Meiji Akeno Community Center		Akeno
	7-8 Akeno-Kita 4-Chome		
3/21 (Tues.)	Galleria Takemachi Dome Square	Niage	
	Chuo-cho 1-Chome		

※Please use public transportation to commute to the screening site.



Gastric cancer is the most prevalent form of cancer in Japan and is second only to lung cancer in the number of related deaths. Getting

**18-Month Check-Up for Babies (Free of Charge – Individual Notices Sent Beforehand)**

**【Physical Examination, Dental Check-Up, Fluoride Treatment, Counseling】※Parents who request a fluoride treatment for their child must pay 400 Yen.**

Date	Time	Place	Address	Eligibility	
3/2	Thurs	13:30~14:30	Oita City Health Care Center 3F	6-1, Niage-Machi	Born in August 2015
3/8	Weds.	13:30~14:30	Tsurusaki Administration Center 3F	2-3, Higashi Tsurusaki 1-Chome	Born in August 2015
3/9	Thurs	13:30~14:30	Oita City Health Care Center 3F	6-1, Niage-Machi	Born in August 2015
3/15	Weds.	13:30~14:30	Wasada Administration Center 2F	43-2, Tamazawa	Born in August 2015
3/16	Thurs	13:30~14:30	Oita City Health Care Center 3F	6-1, Niage-Machi	Born in August 2015
3/23	Thurs	13:30~14:30	Sakanoichi Civic Center 2F	5-33, Sakanoichi Minami 3-Chome	Born in August 2015

■ Fee: Free of Charge (Parents who request a fluoride treatment for their child must pay 400 yen.)

■ What to Bring: Maternal and Child Health Handbook (母子健康手帳 – Boshi Kenko Techo), 18-Month Check-Up Question Sheet

■ Other: Children who were born prior to the designated eligibility period yet who are under 2 years of age and previously missed their 18-month check-up are eligible for this check-up.

**3-Year Toddler Health Check-Up**

**【Height/Weight Measurements, Physical Examination, Dental Check-Up, Urine Sample, Eyesight/Hearing Test, Counseling】**

Date	Time	Place	Address	Eligibility	
3/7	Tues.	13:30~14:30	Wasada Administration Center 2F	43-2, Tamazawa	Born in October 2013
3/10	Fri.	13:30~14:30	Sakanoichi Civic Center 2F	5-33, Sakanoichi Minami 3-Chome	Born in Sept. – Oct. 2013
3/14	Tues.	13:30~14:30	Oita City Health Care Center 3F	6-1, Niage-Machi	Born in October 2013
3/17	Fri.	13:30~14:30	Tsurusaki Administration Center 3F	2-3, Higashi Tsurusaki 1-Chome	Born in Sept. – Oct. 2013
3/21	Tues.	13:30~14:30	Tsurusaki Administration Center 3F	2-3, Higashi Tsurusaki 1-Chome	Born in Sept. – Oct. 2013
3/22	Weds.	13:30~14:30	Oita City Health Care Center 3F	6-1, Niage-Machi	Born in October 2013
3/24	Fri.	13:30~14:30	Oita City Health Care Center 3F	6-1, Niage-Machi	Born in October 2013

■ What to Bring: Maternal and Child Health Handbook (母子健康手帳 – Boshi Kenko Techo), 3-Year Check-Up Question Sheet

■ Fee: Free of Charge

■ Children who were born prior to the designated eligibility period yet who are under 4 years of age and previously missed their 3-Year check-up are eligible for this check-up.

★Basic Health Check-Up Schedule (Hepatitis Virus Screening, Tuberculosis/Lung Cancer Screening, Prostrate Cancer Screening, Colon Cancer Screening)

※This check-up is only able to be taken once a year. (April 2016 - March 2017)

School District	Date	Place	Address	Time	Colon Cancer
All Districts	3/1 (Wed)	HorutoHall OITA	5-1, Kaneike Minami 1-Chome	9:30~11:00	○
Notsuharu	3/2 (Thurs)	Imaichi Kenko Zoshin Center	1099-26, Oaza Imaichi	9:30~11:00	○
	3/3 (Fri)	Niono Community Center	Aza Niono, Oaza Nioki	9:30~10:00	○
		Ohara Community Center (Notsuharu)	1135, Oaza Takahara	10:30~11:00	○
All Districts	3/6 (Mon)	Compal Hall	5-38, Funai-Machi 1-Chome	9:30~11:00 1:00~1:30	○ ○
Notsuharu	3/7 (Tues)	Shimotsume Community Center	7328-1, Oaza Shimohara Hiranotsuji	9:30~10:00	○
		Kamitsume Community Center	696-8, Oaza Kamitsume	10:30~11:00	○
		Tamarimizu Community Center	1505, Aza Tamarimizu, Oaza Kamitsume	1:00~1:30	○
	3/8 (Wed)	Yanoharu Kozokaizen Center	2031, Oaza Takeya	9:30~11:00	○
		Ota Community Center	281-2, Oaza Ota	1:00~1:30	○
	3/9 (Thurs)	Haramura Fureai Center	Oaza Shimohara Haramura	10:00~11:00	○
		Takenouchi Community Center	582-2, Oaza Takeya	1:00~1:30	○
	3/10 (Fri)	Fukumune-ichi Community Center	1145-1, Aza Sako, Oaza Fukumune	9:30~10:00	○
		Fukumune-ni Community Center	2388, Oaza Fukumune	10:30~11:00	○
Tsujiharu Community Center		385-1, Tsujiharu	1:00~1:30	○	
Weekend	3/12 (Sun)	Ozai Community Center	4-18, Madokoro 1-Chome	9:30~11:00	○
All Districts	3/13 (Mon)	Wasada Community Center	789, Oaza Tamazawa	9:30~11:00	○
	3/14 (Tues)	Oita Seibu Community Center	5-1, Oji Shin-Machi	9:30~11:00	○
Notsuharu	3/15 (Wed)	Notsuharu Civic Center	800, Oaza Notsuharu	9:30~11:00	○
	3/16 (Thurs)	Notsuharu Civic Center	800, Oaza Notsuharu	9:30~11:00	○
		Irikura Community Center	924-3, Irikura	1:00~1:30	○
	3/17 (Fri)	Shinmachi Community Center (Notsuharu)	Next to Notsuharu Residential Police Station (1524, Oaza Notsuharu)	9:30~11:00	○
Megusu Community Center		1787, Megusuno	1:00~1:30	○	
All Districts	3/21 (Tues)	Galleria Takemachi Dome Square	Chuo-cho 1-Chome	9:30~11:00	○

★Check-Up Types and Contents

Check-Up Type	Citizen Health Check	Tuberculosis	Lung Cancer		Prostrate Cancer	Colon Cancer (conducted only if there is a O in the upper right column)
			X-Ray Exam	Sputum (Phlegm) Exam		
Tests	Height and weight measurements, urine sample, blood pressure check, and blood test. Only those who meet the necessary requirements will be given an electrocardiogram, a fundus exam, and be tested for anemia.	Chest X-ray (Fluoroscopy)		Sputum samples for three consecutive days	P S A Test	2 stool samples and medical interview
Eligible Recipients	Citizens 35 years or older	Citizens 65 years or older	Citizens 40 years or older	Individuals who underwent the x-ray exam and are 50 years of age or older with a smoking index of over 600 (conducted on a voluntary basis only for those who wish to take this check-up)	Men 50 years or older (Individuals who have had their prostrate removed or those who are currently undergoing treatment for related issues are not eligible for this screening.)	Citizens 40 years or older
Fee	Refer to ※ 1 below.	Free		500 Yen	500 Yen	Free
Results	All recipients will be notified of their check-up results individually.					

※ 1

Individuals between the ages of 35~39 during the check-up period of April 1, 2016-March 31, 2017 will be charged 1,500 yen.

The amount charged to individuals 40 years of age or older (during the period of April 1, 2016-March 31, 2017) will differ depending on the their health insurance coverage.

Hepatitis Virus Screening (Free)

◆Eligible Recipients ①Individuals 40 years of age during the period of April 1, 2016 - March 31, 2017) ②Individuals 41 or older who have never been screened for the Hepatitis Virus

◆Date Administered on the same day as the Citizen Health Check.

Individuals for whom the sputum exam and prostrate cancer screening is free:

①Those who possess a Health Insurance ID Card for the elderly (高齢受給者証 - Korei Jyukyushasho) ②Individuals 75 years or older or disabled individuals 65 years or older who are in possession of a Later-Stage Elderly Health Insurance Card (後期高齢者医療被保険者証 - Koki Koreisha Iryo Hihokenshosh) ③Individuals from households receiving public assistance ④Individuals from households that have been exempted from paying municipal taxes. Please bring the following documentation with you to the check-up.

Individuals in ①: Health Insurance Card for the Elderly (高齢受給者証 - Korei Jyukyushasho), Individuals in ②: Later-Stage Elderly Health Insurance Card (後期高齢者医療被保険者証 - Koki Koreisha Iryo Hihokenshosh), Individuals in ③: Public Assistance Medical Care Request Form (生活保護診療依頼証 - Seikatsu Hogo Shinryo Iraisho), Individuals in ④: Contact the Health Care Division of the Oita City Health Care Center five days prior to the check-up. (☎: 097-536-2562)

📌 What to bring to the screening:  
 ① Oita City-issued Health Handbook (健康手帳 - Kenko Techo)

② Personal ID that shows a date of birth (health insurance card, driver's license, etc.)

※Individuals who do not possess a Health Handbook (健康手帳 - Kenko Techo) can pick one up at the Oita City Health Care Center, the Social Welfare and Public Health Division in Oita City Hall, and each City Hall branch office.

Eligible Individuals: Men: 35 years and older Women: 15 years and older excluding junior high students

**★A check-up card (受診券 - Jusshin Ken) is not necessary for this screening.**

※This screening can only be taken once a year. (From April to March of the following year)

📌 Recipients will be notified of the results individually.

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**Breast Cancer Screening**

○ Screening Procedure: Mammography

Individuals between the ages of 30-50 will be given a dual-imaged mammography (taken at two different angles). Individuals 50 years and older will be given a single-view mammography.

○ Please wear an easily removable shirt to the screening.

○ Women who are pregnant or may be pregnant should consult with their OB/GYN as there are ultrasound options for this screening rather than a standard mammography.

**Cervical Cancer Screening**

○ Oita City only offers cervical cancer screenings.

**Uterine cancer screenings are not offered.**

**Osteoporosis (Bone Density) Screening**

○ Please do not wear nylon stockings or tights as you will need to be barefoot for this screening.

2017 Breast Cancer, Cervical Cancer, Osteoporosis Screening Schedule

Date	Place	Time	Breast Cancer	Cervical Cancer	Bone Density	School District
3/2 (Thurs.)	Oita East Community Center	9:30~11:00 ※Please note that the time is different from the regular screening time.	○	○	○	Hioka
	3-1 Hiyoshi-Machi					
3/3 (Fri.)	Dainan Civic Center		○	○	○	Hetsugi
	5115-1 Oaza Nakahetsugi					
3/6 (Mon.)	Takio School District Community Center		○	○	○	Takio
	518 Hada					
3/12 (Sun.)	Ozai Community Center		○	○	○	All Districts
	4-18 Madokoro 1-Chome					
3/13 (Mon.)	Minami Oita Community Center		○	○	○	Minami Oita
	76-1 Oaza Bunyo					
3/14 (Tues.)	Wasada Community Center	○	○	○	Wasada	
	789 Oaza Tamazawa					
3/17 (Fri.)	Meiji Akeno Community Center	○	○	○	Akeno	
	7-8 Akeno-Kita 4-Chome					
3/21 (Tues.)	Galleria Takemachi Dome Square	○	○	○	Niage	
	Chuo-cho 1-Chome					