

- Things to bring with you: Oita City-issued Health Handbook (健康手帳 - Kenko Techo) and Health Insurance Card (健康保険証 - Kenko Hokencho)

※Individuals who do not possess a Health Handbook (健康手帳 - Kenko Techo) can pick one up at the Oita City Health Care Center, the Social Welfare and Public Health Division in Oita City Hall, and each City Hall branch office.

Eligible Individuals: Men: 35 years and older Women: 15 years and older excluding junior high students

## ★A check-up card (受診券 - Jushin Ken) is not necessary for this screening.

※This screening can only be taken once a year.  
(From April to March of the following year)

- Recipients will be notified of the results individually.

<Read thoroughly prior to screening>

### Breast Cancer Screening

- Screening Method: Ultrasound for women in their 30's  
Dual-image mammography (taken at 2 angles) for women in their 40's  
Single-image mammography for women in their 50's and older

※Breast Cancer Screening Capacity:

Ultrasound 【First 30 people - in order of arrival】

Mammography 【First 80 people - in order of arrival】

○Please wear an easily removable shirt to the screening.

○Women whose age makes them eligible for the mammography screening (40 and older) who are pregnant or may be pregnant should consult with their OB/GYN in advance.

### Cervical Cancer Screening

- Oita City only offers cervical cancer screenings.  
Uterine cancer screenings are not offered.

### Osteoporosis (Bone Density) Screening

○Please do not wear nylon stockings or tights as you will need to be barefoot for this screening.

## 2017 Breast Cancer, Cervical Cancer, Osteoporosis Screening Schedule

Date	Place	Time	Breast Cancer	Cervical Cancer	Bone Density	School District
4/13 (Thurs.)	Saganoseki Community Center (Located inside the Civic Center) 1407 Banchi-27, Oaza Saganoseki	1:30~2:30	○	○	○	Saganoseki
4/20 (Thurs.)	Kozaki School District Community Center (Saganoseki) 853-1, Oaza Honkozaki		○	○	○	Saganoseki